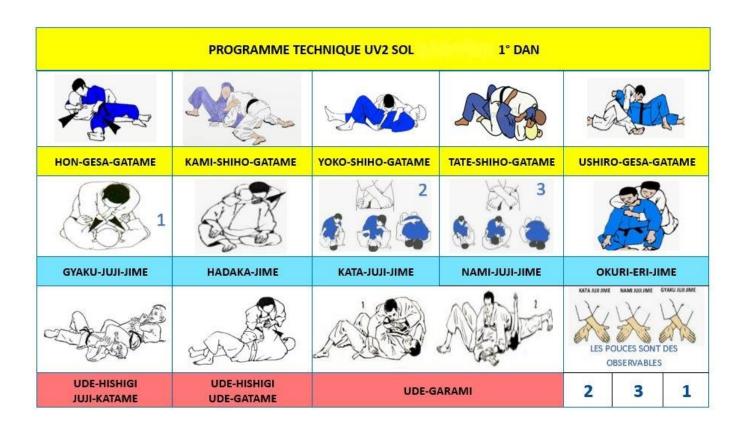
## UV 2 1er dan

	PROGRAMME	TECHNIQUE UV2 DE F	PROJECTION	1° DAN	
A B					EXP
HARAI-GOSHI	KUBI-NAGE	KOSHI-GURUMA	O-GOSHI	TSURI-KOMI-GOSHI	UCHI-MATA
	A Comment				
UKI-GOSHI	IPPON-SEOI-NAGE	KATA-GURUMA	икі-отозні	TAI-OTOSHI	MOROTE-SEOI-NAGE
				A	
DE-ASHI-BARAI	HIZA-GURUMA	SASAE-TSURIKOMI-ASHI	KO-SOTO-GARI	KO-UCHI-GARI	OKURI-ASHI-BARAI
				3	e
O-SOTO-GARI	O-UCHI-GARI	UCHI-MATA	SUMI-GAESHI	TOMOE-NAGE	



## UV 2 1er dan

## LISTE DES TECHNIQUES PAR GRADE

